

2024 PARIS SECTIONAL MEET

DATE: Saturday May 11, 2024

Coaches Meeting: 8:00am - Elementary School Gym

- 1. Admissions- Digital Tickets Only. Go to MSHSAA to purchase tickets.
<https://www.mshsaa.org/CMSPages/Tickets.aspx>**
- 2. No spikes in the bleachers. All jumping, running and javelin surfaces are resillite. Spikes must be 3/16" pyramid only. NO NEEDLE SPIKES allowed. Spikes will be checked at the bull pen and starting line. Longer spikes will result in disqualification for the athlete or relay team.**
- 3. Bullpen will be located at the 50 yard line and athletes will be escorted to the starting line.**
- 4. All contestants must be in proper uniform, according to MSHSAA standards.**
- 5. We will provide starting blocks. No block holders are needed. Blocks won't move.(No other block allowed)**
- 6. Coaches, managers, and spectators are asked to remain out of the restricted areas. Please stay outside the chain link fence on the side walks around the track. Stay behind the ropes for field events. We will have a designated coaches box at the field events to show video to your athletes, Please stay out of the finish line area.**
- 7. Team camps will be in the area southwest of the track. No locker rooms will be provided**
- 8. There will be a concession stand provided. Cash only.**
- 9. We will provide meal tickets for coaches, officials and event workers.**
- 10. Bus parking will be east of the school art the Ag/Administration building(see Map)**
- 11. We will be asking coaches to run some Field Events.**
- 12. Our Track Facility will be open daily at 5pm if any schools want the opportunity to practice.**
- 13. If you have any questions please call Gary Crusha 660-492-3774**

MEET PROCEDURES:

NO PRELIMINARIES

Running Events:

Seeding

Lane Final Only

- 1 5 th Fastest Non District Winner
- 2 3 rd Fastest Non District Winner
- 3 Fastest Non District Winner
- 4 Fastest District Winner
- 5 2 nd Fastest District Winner
- 6 2 nd Fastest Non District Winner
- 7 4th Fastest Non District Winner
- 8 6 th Fastest Non District Winner

The 4x800, 800, 1600, and 3200 are run out of individual lanes for each competitor, with a one-turn stagger.

Field Events:

*Throwing Events and Horizontal Jumps:4 attempts. Contested in (1) flight in reverse order

*Vertical Jumps: 4 attempts, Contested in reverse order of jumps.

POLE VAULT WARM UP PROCEDURE: Before any athlete can begin warm-up, the coach must certify that the pole meets standards for the weight of the athlete by initialing and writing in the weight of the athlete beside their name. Also, the poles must have passed inspection and be clearly marked by the judges.

POLE VAULT COMPETITION:

- During competition the athletes' names are called: UP, ON DECK, ON HOLD.
- The athlete UP adjusts the standard indicator between 18 –31.5 inches depending on their preference for this attempt.
- During this time, the pit workers are adjusting the standards to meet those measurements.
- The assistant judge with the clipboard (which shows the coaches initial and the weight of the athlete) is matching the max allowable weight for the pole with the athlete's weight on the clipboard.
- When the "All Ready" signal from the head judge and the pit workers is given, the assistant judge on the runway informs the athlete that the time clock is starting and they have one minute to initiate the jump to completion.
- Any athlete who wishes to pass should declare their intent when their name is called and before the 1-minute time clock starts.
- To protect competitors, officials and workers, and to better care for poles: someone should be available to catch the pole, after it is released.