Fifth Annual

Gans Creek Classic

Saturday, September 23, 2023   **Gans Creek Cross Country Course, Columbia, MO**

Meet Directors
Joey Wilmes, Columbia Parks and Recreation and Neal Blackburn, Rock Bridge High School

Course Description
- Loop course - All distances made up from the 2K loop and 3K loop
- Entire course irrigated and graded for drainage
- Minimum course width is 10 meters throughout
- Starting line accommodates up to 42 teams and 550 meters to first sweeping turn
- 2K loop includes lightly rolling hills; sweeping, graded turns
- 3K loop has common first 1200m with 2K loop
- Last 1800m of 3K loop with sweeping, graded turns with slight uphill 300m finish
- Finish straight away of 300m is slightly uphill with elevated viewing berm

Course Features
- Permanent start/finish line adjacent to medical support and athlete recovery tent
- Fully graded and irrigated
- Viewing berms
- Course fencing
- Electronic K markers
- Dedicated tent city with easy access to start/finish
- Greg Hall Champions Plaza

Course Inspection
Course will be available Friday after 3pm (weather dependent). Race packets and meet merchandise will be available as well on Friday evening and Saturday morning. Please allow additional 15 minutes in your planning for vehicle drop-off and parking. School buses will be required to park in the Phillips Lake parking lot.

Race Distances
Varsity - 5,000 Meters
Junior Varsity - 5,000 Meters

Intent to Compete
Each team must follow the link and complete the intent to compete form. Forms will be accepted between Tuesday, February 21 and Friday, June 2.

Entry Fee
$150 per team, per gender
$35 per runner, 4 or less runners

Entry Information

Official Registration will be done through mo.milesplit.com. Registration will open on Tuesday, August 15th and close at midnight on Wednesday, September 13th. Up to 10 athletes are allowed to compete in the Varsity divisions but you are allowed to have 12 runners on your roster.

- Set up an account if you do not have one. If you need assistance, visit milesplit support.
- Sometime after your official roster is submitted to MSHSAA, it will populate in mo.milesplit.com. You can view and edit the roster as needed.
- On the meet calendar page you can click on the Gans Creek Classic and proceed through the official entry process. You will proceed through the provided checklist where you will be asked to choose your team and athletes. If an athlete is entered on your roster by midnight on Wednesday, September 13th, then he or she can race; max 12 runner roster, per gender.
- On race day your athletes report to their assigned race. There is no need to confirm who will be competing that day. Confirmation takes place during the clerking process.

Payment Information

Payment is due by Friday, September 15.

- Visa, Mastercard Payment Contact Lida Gochenour at 573-874-7719
- Make checks payable to Columbia Parks and Recreation ℅ Erika Coffman
  P.O. Box 6015
  Columbia, MO 65205

Schedule of Events

6am	Course Open/Packet Pick-Up/	
7am	Trainer On Duty	
7:55am	National Anthem	
8am	Varsity 5K Race	White Division Girls
8:30am	Varsity 5K Race	White Division Boys
9am	Varsity 5K Race	Blue Division Girls
9am	Varsity Awards	White Divisions
9:30am	Varsity 5K Race	Gold Division Girls
10am	Varsity 5K Race	Blue Division Boys
10:30am	Varsity Awards	Blue Divisions
10:30am	Varsity 5K Race	Boys Division Boys
11am	Varsity Awards	Gold Divisions
11am	JV 5K Race	Blue/White Division Girls
11:30am	JV 5K Race	Gold Division Girls
12:00pm	JV 5K Race	Blue/White Division Boys
12:30pm	JV 5K Race	Gold Division Boys
1pm	JV Awards	Blue/White/Gold Divisions

*Division Note: Gold is the most competitive, followed by blue, and finally white.
*If heat poses a threat to athlete safety, we reserve the right to shorten race distances.

List of Confirmed Schools

Confirmed list of schools is available on our website.

Box Assignments

Box assignments will be drawn a week prior to the meet and updated on the website.   Divisions will be either based on your preference, school size, or competitiveness. School interest will help determine final race declarations. Most requests will be honored, however final division lists will be set by the Gans Creek Classic organizing committee.

Inclement Weather Policy

Meet organizers reserve the right to alter or cancel the meet due to inclement weather in the case that we deem conditions to be unsafe to compete or complete a given event. In general, we will follow the MSHSAA weather policy. In the case of lightning, we will delay the start of any event until 30 minutes after the last sighting of lightning. In the case of extreme heat, the event and the remaining races will be canceled if the heat index reaches 105 degrees. Race committee will begin to alter race distances if the heat index reaches 95 degrees or we deem conditions to be unsafe to complete the advertised distance.

Results/Timing

PrimeTime Timing will be used to time the races. Live results will be made available online and be posted following each race; www.pttiming.com. Live video coverage will also be available; www.pttiming.com.

Awards

Varsity and Junior Varsity (Champion and Runner-Up) team awards along with top 25 in each division.

Trainers

Trainers will be on duty at 7:00am in the shelter (behind the finish line).

Event Map

The 2023 Gans Creek Classic Event Map can be found on our website.

Parking Information

Parking is free for this event and there will be no admission fee. Maps that identify all lots for schools and spectators are available on our website.. This is a big meet so please plan accordingly.

Spectators

At this time there are no spectator restrictions. We do ask that you not attend if you have felt ill in the past 48 hrs.

Concessions

We will offer a wide variety of food, snacks, and drinks at our concession stand.

Apparel

Meet apparel will be available Friday during course review, as well as Saturday morning.

Questions

For questions, please contact Erika Coffman at Erika.Coffman@como.gov or Joey Wilmes at Joey.Wilmes@como.gov.