

Union Junior High Quad Meet

April 20th, 2023

TRACK MEET INFORMATION

Invited Schools: Hermann, New Haven, Owensville, Washington, and St. James

The Union Junior High Quad Meet will be held on Monday, April 20th, at Union High School. **Please enter all competitors on MOMileSplit by 6 P.M. April 19th.**

- **Scratch Meeting at 3:45 PM. Please do not arrive between 3:05 and 3:30. We dismiss school at 3:20 and you will not be able to get in or out of the parking lot. Drop off by the stadium (South Lot) and park in our North Lot C.**
- Field events will begin at 4:00 P.M. Running begins at 4:30 P.M.
- Participants will be allowed a maximum of four events (max of 3 running).
- Starting heights for both boys and girls pole vault and high jump will be determined based on entries and announced at the scratch meeting.
- Only 3/16" needles or less may be used on the track.
- The meet will be held at Union High School on an 8 lane all-weather track.
- Concessions will be available.

SCHEDULE

FIELD EVENTS

4:00-6:00

Long Jump & Triple Jump
Cafeteria-style (3) jumps no finals

Starting at 4:00 pm

Boys Discus (Girls to follow)
Girls Shot Put (Boys to follow)
Girls Pole Vault (Boys to follow)
Boys High Jump (Girls to follow)

Running Events: Start at 4:30 (Girls followed by boys)

3200-meter relay
100-meter hurdles
100-meter dash
800-meter relay
1600 meter run
400-meter relay
400-meter dash

800 meter run
200-meter dash
1600-meter relay

Relay Judges

4 x 800m Relay Break Line	Union		
4 x 200 1 st & 3 rd Exchange	Washington, St. James		
1600m Break Line	Union		
4 x 100	1st - Hermann	2 nd - New Haven	3 rd - Owensville
4 x 400m Break Line	Union		

