

2023 High School XC Practice Schedule

Gear order at <https://ohsxc23.itemorder.com/shop/home/>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7-Aug 8:00-10:00am @BUSCHMANN PARK Gear 1 Due	8-Aug 8:00-10:00am @BUSCHMANN PARK Gear 2 Open	9-Aug 8:00-10:00am @BUSCHMANN PARK	10-Aug 8-9:30am Memorial Park Pool POOL \$2	11-Aug 8:00-10:00am @BUSCHMANN PARK	12-Aug Varsity Meet On Own
14-Aug 3:30-5:45pm HS 6-7:00PM MS MAKEUP w/ MS	15-Aug 3:30-5:45pm HS 6-7:00PM MS MAKEUP w/ MS	16-Aug <i>PICTURE DAY</i> 3:30-5:45pm HS 6-7:00PM MS MAKEUP w/ MS	17-Aug 3:30-5:45pm 6-7:00PM—MAKEUP w/ MS Parent Meeting at OHS GYM.	18-Aug 8:00-10:00am @BUSCHMANN PARK	19-Aug 8-9am (Mandatory Practice) 9-Noon Car Wash/Bake Sale Admin Building PRAIRIE STAR CAMPOUT 4:30 ADMIN
21-Aug 3:30-5:45pm Gear 2 Due	22-Aug 3:30-5:45pm Gear 3 Open	23-Aug HS 3:30-5:45pm	24-Aug 3:30-5:15pm POOL \$1	25-Aug 3:30-4:45pm	26-Aug 8-9am Buschmann Varsity Only Gear 3 Due
28-Aug 3:30-5:45pm HOME JVFB NIGHT	29-Aug Fleet Feet- Arnold 4:15pm	30-Aug 3:30-5:45pm	31-Aug 3:30-5:15pm	1-Sep 3:30-4:45pm	2-Sep New Haven CC Invitational
4-Sep HS PRACTICE AT HOME HOME JVFB NIGHT	5-Sep 3:30-5:45pm	6-Sep 3:30-5:45pm	7-Sep 3:30-5:45pm	8-Sep 3:30-5:00pm HOME FB NIGHT	9-Sep Linn Invitational
11-Sep 3:30-5:45pm	12-Sep 3:30-5:45pm	13-Sep 3:30-5:45pm	14-Sep 3:30-5:45pm	15-Sep 3:30-4:45pm	16-Sep Mo Southern- Joplin
18-Sep 3:30-5:45pm HOME JVFB NIGHT	19-Sep 3:30-5:45pm	20-Sep 3:30-5:45pm	21-Sep 3:30-5:45pm	22-Sep 3:30-4:45pm	23-Sep Gans Creek -Columbia
25-Sep No Practice HOME JVFB NIGHT	26-Sep 3:30-5:45pm	27-Sep 3:30-5:45pm HS	28-Sep 3:30-5:45pm	29-Sep 3:30-5:45pm HOME FB NIGHT	30-Sep Varsity Only 8-9am
2-Oct 3:30-5:30pm JVFB	3-Oct HERMANN INVIT. 4pm	4-Oct 3:30-5:45pm	5-Oct 3:30-5:45pm	6-Oct 3:30-4:45pm	7-Oct 2-5PM WORK ON COURSE@HS
9-Oct 3:30-5:30pm HS HOME JVFB NIGHT	10-Oct OWENSVILLE INVIT. 4PM	11-Oct 3:30-5:45pm	12-Oct 3:30-5:45pm	13-Oct 3:30-5:45pm HOME FB NIGHT	14-Oct
16-Oct ALL 3:30-4:45	17-Oct FRC CHAMP 2: 30pm	18-Oct MS/HS Team Meeting 3:30- 5pm	19-Oct 3:30-5:45pm	20-Oct 3:30-5:45pm HOME FB NIGHT	21-Oct ACT
23-Oct 3:30-5:30pm JVFB	24-Oct 3:30-5:30pm	25-Oct 3:30-5:30pm Parent Teacher Conference	26-Oct HS 7:00-7:45am@HS PD DAY NO SCHOOL	27-Oct 8-9:30am OHS NO SCHOOL	28-Oct HS Districts- Location TBD
30-Oct 3:30-5:30pm	31-Oct 3:30-5:30pm	1-Nov 3:30-5:15pm	2-Nov 3:30-5:15pm	3-Nov RUN COURSE IN COLUMBIA & OVERNIGHT	4-Nov HS-STATE- Columbia G-9: 30AM B-9:00AM Awards 10:30-10: 15AM
7-Nov TUES.-END OF SEASON BANQUET 6PM OHS COMMONS					