



South Callaway JV Relays 2024

Place: South Callaway Track
Date: Thursday, April 4, 2024
Time: Meet starts at 4:00 p.m.

Entry Information:

- **DEADLINE FOR ENTRIES IS WEDNESDAY, APRIL 3 AT 9:00 PM.**
- All entries should be done online at: mo.milesplit.com
- All running events will be FAT.
- Each school is unlimited entries with the goal of getting JV kids a chance to run
- A SCRATCH ONLY meeting will be held at 3:30 p.m. in the field house (locker room/concession stand building). Coaches may scratch only at the coaches meeting that day. Heats will be re-drawn after coaches meeting if necessary. Heats will be run against time.

General Information:

- Entry Fee: \$75.00 per team &/or \$5 per athlete; Checks need to be mailed to:
South Callaway High School
Attn: Athletic Director
10135 State Rd C
Mokane MO 65059
- Concessions will be provided.
- 1/4" spikes may be used on the South Callaway track, long jump, triple jump, high jump, and pole vault approaches. Participants wearing other types of spikes will be disqualified. No tape is allowed on surfaces in these events.
- All participants should be in proper uniform according to MSHSAA rules. Each school is responsible for the conduct of their athletes.
- Jumps and throws will be determined by best mark out of 3 attempts.
- The booth above the bleachers is a restricted area. We ask that no coach, student, or spectator be in the booth unless given permission.
- No spectators inside the fenced area on track or football field.
- All tents should be placed on the hillside at the finish line end of the track.

Contact Information:

Co-Head Track Coach – Steve Wisch
stephen.wisch@sc.k12.mo.us
AD - Tony Brandt: 573-528-8570
School – 573-676-5225 ext 7



SCHEDULE OF EVENTS

3:30 Coaches Meeting

3:45 Javelin
Girls (Cafeteria Style 1.5 hour) followed by Boys

4:00 FIELD EVENTS BEGIN:

Boys Shot Put (Cafeteria Style 1.5 hour) followed by Girls

Boys Discus (In Flights) followed by Girls

Girls Pole Vault followed by Boys

Boys High Jump followed by Girls

Boys Long Jump followed by Girls

Girls Triple Jump followed by Boys

*Long Jump/Triple Jump will be run cafeteria style with a 1.5 hour time limit

4:30 RUNNING EVENTS: (girls precede boys in all events)

****Exchange Zone Judges will be announced at the coaches meeting.***

4x100

#1

#2

#3

4x200

#1 & 3

Other Notes:

- Opening heights will be determined based on entries at the coaches meeting.
- ABSOLUTELY NO chewing gum or sunflower seeds on the field.