2023 Summer Track Schedule OPEN TRACK

5:00-6:00pm MS 6:00-7:30pm HS

Tues. June 6Thur. June 8Week of June 12-15TRACK CAMP (Information Below)Tues. June 20Thurs. June 22Tues. June 27Thurs. June 29

If these dates do not work for you send an email to <u>mcandrl@dutchmen.us</u> and we will see if we can get something to work out for you.

OWENSVILLE TRACK CAMP Register at <u>https://tinyurl.com/OHSTF23CAMP</u>

ELEM (Grades 4-6)Mon. June 12--Thur. June 154:00pm-5:00pmMS (Grades 7-8)Mon. June 12--Thur. June 155:00pm-6:30pmHS (Grades 9-12)Mon. June 12--Thur. June 156:00pm-8:00pm

<u>Midwest Elite Throws Camp</u> is <u>July 11-13</u> and offers the best coaches in the Midwest and beyond with special guests flying in from each coast! Great opportunity for kids to be seen and instructed by these college coaches for a day or two days.

Check out the site for all the details and please share! <u>https://tinyurl.com/MidwestEliteThrowsCamp</u>

<u>The Missouri Track & Field Camp</u> is Monday July 17th at Battle HS in Columbia, MO. \$100 Camp runs from 9am-5pm Tshirt included. Bring your own lunch. Contact <u>mcandrl@dutchmen.us</u> for information. <u>https://www.mtccca.org/summer-camp</u>

SHOW ME STATE GAMES Any Age-Any Ability https://www.smsg.org/sports/?sport_id=35 Ages 14 and Under - July 22, 2023 Ages 15 and Over - July 23, 2023

TRACK CLUB

Franklin County Jets

If a USATF meet you can go to <u>www.USATF.org</u> or AAU meet <u>www.aauathletics.org</u> and search the date USATF meets <u>http://www.usatf.org</u>

AAU meets: <u>http://www.aauathletics.org/Events/OutdoorTrackField/DistrictQualifiers.aspx</u> AAU meet in Rolla this summer.

SUMMER MEETS CAN BE FOUND AND REGISTERED FOR AT:

www.CoachO.com

2023 TRACK & FIELD CAMP

ELEM (Grades 4-6)	Mon. June 12Thur. June 15	4:00pm-5:00pm
MS (Grades 7-8)	Mon. June 12Thur. June 15	5:00pm-6:30pm
HS (Grades 9-12)	Mon. June 12Thur. June 15	6:00pm-8:00pm

OHS TRACK Grades 4- Grades 12 Cost: \$30 individual, \$45 two or more from same family

Name		Fall 2022 Grade
Address City,State,Zip		
Event:		
Phone Number		
Camp T-Shirt Size: (circle size) YS-	-YMYL	S – M – L – XL – XXL- XXXL (Adult Sizes)
<u>Illness or Injury Info.</u>		
Parent or Guardian Names		
Work Phone #1	Work Phone #2	
Emergency Contact	Emergency Pho	one
Family Physician		
Family Physicians' Phone Number_		
Family Insurance Co	Policy Number	
for injuries sustained while involve Gasconade County R-2 School Distr	d in Track & Field C ict and its represe in through physicia	strict and its employees from any liability amp. The release shall apply to the ntatives. I give my consent for Gasconade an or hospital, such medical care as is
Parent or Guardian Signature		Date

Make checks payable to: **Owensville High School.** Signup online <u>https://tinyurl.com/OHSTF23CAMP</u> Email: <u>mcandrl@dutchmen.us</u> with questions.