



MISSOURI MIDDLE SCHOOL TRACK & FIELD CHAMPIONSHIPS

April 27th, 2024

9:30 AM Coaches Meeting @ the check-in tent on the infield

Field Events

10:00 AM Girls Shot Put – followed by Boys Shot Put **upper field behind stands*
10:00 AM Girls Pole Vault – followed by Boys Pole Vault **infield on raised runway*
10:00 AM Boys High Jump – followed by Girls High Jump
10:00 AM Boys Discus – followed by Girls Discus **upper field behind stands*
10:00 AM Girls Long Jump – followed by Girls Triple Jump **upper field behind stands*
10:00 AM Boys Long Jump – followed by Boys Triple Jump **upper field behind stands*

Running Events – (Rolling Schedule)

10:00 AM Girls 4x800 meter relay
10:15 AM Boys 4x800 meter relay
10:30 AM Girls 100 meter hurdles
Boys 100 meter hurdle
Girls 100 meter dash
Boys 100 meter dash
Girls 4x200 meter relay
Boys 4x200 meter relay
Girls 1600 meter run
Boys 1600 meter run
Girls 4x100 meter relay
Boys 4x100 meter relay
Girls 400 meter dash
Boys 400 meter dash
Girls 800 meter run
Boys 800 meter run
Girls 200 meter dash
Boys 200 meter dash
Girls 4x400 meter relay
Boys 4x400 meter relay

****Athletes will be seeded based on time/mark regardless of division. We will separate athletes out for scoring/overall placement for divisions. This will allow for the most competitive meet for everyone.***