New Haven High School Meet April 25, 2024

Date and Time: April 25, 2024 at 4:00 p.m. We ask that you arrive after 3:00 p.m.

Participating Schools: Bourbon, Calvary Lutheran, Hermann, Lighthouse, New Haven, Owensville, Valley Park

Entries: Schools may enter an unlimited number of athletes in each event. Entries must be entered on mo.milesplit.com by 5:00 pm on Wednesday, April 24th.

Coaches Meeting: The coaches' meeting will be located by the finish line at 3:45 p.m. Scratches for field events will be done at the event.

Tents: Team tents can be set up on the grass field north of the track at the top of the hill.

Concessions: There will be concessions available.

Buses: Buses can park at the back of the school parking lot at the west end of the high school

Scoring: The first six places in each individual event shall be scored (10-8-6-4-2-1) with a limit of four per team scoring. The first five places in relays shall be scored (10-8-6-4-2-1) with a limit of one relay per team scoring.

Long Jump and Triple Jump: Participants will have four jumps. The long and triple jump will be run cafeteria style with a 1.5 hour time limit. Participants will have four jumps that can be taken any time during the time limit.

Throwing Events: Throwing events will have 4 attempts. The javelin will be run cafeteria style. The shot put and discus will be thrown in order in flights.

Please use 1/4" spikes or smaller.

No tape will be allowed on the runways or used on the high jump area.

Break line judge - Hermann (800, 1600, 3200, 4x400 and 4x800)

4 x 200 1st and 3rd Exchange	Owensville
	1st: Valley Park , 2nd: Calvary Lutheran, 3rd: Bourbon

Exchanges

New Haven High School Meet April 25, 2024

Running Events begin at 4:15 p.m.	Field Events begin at 4:00 p.m.
3200 m Relay	Girl Discus (Boys to follow)
100 m / 110 m Hurdles	Boys Shot Put (Girls to follow)
100 m Dash	Girls Pole Vault (Boys to follow)
800 m Relay	Boys High Jump (Girls to follow)
1600 m Run	Girls Javelin (Boys to follow)
400 m Relay	Long Jump 1.5 Hour Cafeteria Style
400 m Dash	Triple Jump 1.5 Hour Cafeteria Style
300 m Hurdles	
800 m Run	
200 m Dash	
3200 m Run	
1600 m Relay	

