

UNION RELAYS
DON OLSZOWKA INVITATIONAL
TUESDAY APRIL 9th, 2024

SCHOOLS

Scratch Meeting:	3:30 in the gym by record board		
Girls Pole Vault	3:30 (Boys follow)	Grandview	Borgia
Boys Shot	3:30 (Girls follow)	Helias	St. James
Girls Discus	3:30 (Boys follow after Jav)	New Haven	Steelville
Boys High Jump	3:30 (Girls follow)	Owensville	Sullivan
Boys Javelin	3:30 (Girls follow)	Pacific	Warrenton
Long & Triple (all)	3:30 (Cafeteria--2 hours B & G)	Potosi	Washington
		Rolla	Union
Running Events	4:15	St. Clair	

Spikes 3/16" or less
Track 8 Lane All Weather

Relays will be randomly drawn

Scoring 10-8-6-5-4-3-2-1

Medals 1st through 4th

Plaques 1st, 2nd, 3rd

Entry Fee: \$200.00 per school

Games Committee:

Union, Owensville, Washington, New Haven

Exchange Zones:

4x1 1 - Sullivan 2 - St. Clair 3 - Pacific

4x2 1/3 - St. James

Track Meet Information

1. Athletes are limited to four (4) events.
2. Track surface and all runways are of an all weather surface. NO spikes longer than 3/16" and NO tape on the track or runways to mark steps. Please use ½ tennis balls or similar markers.
3. Shot and Discus surfaces are concrete and are located east of the track behind the scoreboard. Teammates should shag each other's shots & discs.
4. Athletes will need to come dressed. The high school will be off - limits.
5. No warm-up on turf with track spikes on please.
6. Long Jump, Triple Jump, Discus, Shot Put, and Javelin participants will be allowed four (4) attempts. No finals.
7. Starting heights for High Jump and Pole Vault will be set the day of the meet. Competitors will have 15 minutes excused time to run other events. We will be strict about that.
8. **Field Events begin at 3:30. Running events begin at 4:15.** All events will be run off as quickly as possible. Athletes need to be aware of the order.
10. Event will be timed by MOTiming.
11. **Please load your athletes onto MoMileSplit. 2 athletes per school per event.**
12. Entries are due in milesplit by **6:00 PM on Monday April 8th.**
13. You will only be able to make scratches the day of the meet.
14. There will be a hospitality room for coaches.
15. If you have any questions, please contact Pat Rapert at 636-583-2513 x1707.
16. Please make check payable to: Union High School Athletics
PO Box 440
Union MO 63084
c/o Pat Rapert

*****PLEASE UNLOAD BY THE STADIUM AND PARK YOUR BUS IN OUR NORTH PARKING LOT OFF OF WILDCAT DRIVE, NOT BY THE TRACK AND FOOTBALL FIELD LOT!*****